

MI VIRTUAL CAREGIVER SUPPORT GROUPS

Below are four virtual support group options (General, Dementia, Kinship, and Professional) for you to join.

These support groups will discuss issues, challenges, and concerns that caregivers face. These groups are informal and provide dialogue along with peer support. Participants will be able to reflect and connect with others in a similar situation.

DEMENTIA CAREGIVER SUPPORT GROUP

First Wednesday of the month from 8:30 a.m. - 9:30 a.m. or 5:00 p.m. - 6:00 p.m.



Scan the QR Codes to join the Zoom link.

RELATIVES RAISING, RELATIVES CHILDREN CAREGIVER SUPPORT GROUP

Second Thursday of the month from 10:00 a.m. - 11:00 a.m. or 5:00 p.m. - 6:00 p.m.



GENERAL CAREGIVER SUPPORT GROUP

First Monday of the month from 12:00 p.m. - 1:00 p.m. or 5:30 p.m. - 6:30 p.m.



PROFESSIONAL CAREGIVER SUPPORT GROUP

Third Tuesday of the month from 8:00 a.m. - 9:00 a.m. or 6:00 p.m. - 7:00 p.m.

