

OPEN HOUSE
Wednesday, May 29
@ 9:00 am



NATIONAL SENIOR FITNESS DAY CELEBRATION

- Take part in exercise demos!
- Meet the instructors
- Get information on class offerings and schedules
- Join our community and meet new friends

OPEN HOUSE

Wednesday, May 29
@ 9:00 am

WHERE:

**Area Agency on Aging of
Western Michigan**

3215 Eaglecrest Drive NE
Grand Rapids, MI 49525



FOR MORE INFORMATION

Call **(616) 588-2580** OR Email: **HealthyAging@aaawm.org**