## Join the Movement Become a Dementia Friend

Dementia Friends Michigan (DFMI) is a onehour informational session designed to help you understand how to better communicate and support those with dementia.

## What you'll learn:

- Raise your awareness
- Learn dementia friendly practices
- How to take action in your community
- What it's like to live with the disease
- Effective communication and support

## As a Dementia Friend you will:

- Be a support to your friends and family
- Change the way you think, act, and talk about dementia
- Contribute to a dementia friendly community





people live with dementia in the U.S.



2017

DF program was established in Michigan



More than 2,000

current Dementia Friends in Michigan

Source: Dementia Friends USA

## **Upcoming Sessions:**

10:30 am - 12:00 pm

Thursday, September 15, 2022 via Zoom

Thursday, October 20, 2022\*

Thursday, November 17, 2022\*

Thursday, December 22, 2022\*

Registration Required!

Online at www.aaawm.org/dfmi

Email: Registration@aaawm.org

\*A return to hybrid sessions via Zoom or in-person at 3215 Eaglecrest Drive NE, Grand Rapids, MI. When you register, please indicate if you will be attending in-person or via Zoom.