# There's no place like *home.*



#### 2025 Kent County Senior Services

Listed in this directory are services available to Kent County seniors to help them stay in their homes. The services are categorized by type and described within each section. Funding for most services comes from the Kent County Senior Millage (KCSM). For general information, contact AAAWM at 616-456-5664 or 888-456-5664.

Category	Description	Page
Adaptive/Mobility Equipment	Assistive technology and adaptive or mobility equipment.	2
Caregiver Support	Programs to support caregivers and volunteers.	3-4
Dental & Vision	Programs that provide dental care, dentures, eye exams and glasses.	5
Health Insurance	Assistance in understanding health insurance and accessing medications or other benefits.	9-10
Healthy Aging Programs	Activities that assist in wellness like physical activity, therapy & senior center programs.	6-7
Home Repair/ Maintenance	Assistance with home repairs and home chores.	9
Housing	Fair housing services, like housing coordination and foreclosure intervention.	5
In-Home Support	Help with activities of daily life, such as personal care.	3
Money Management	Financial support including money management and emergency need funds.	2
Nutrition Services	Access to nutritious meals and groceries for eligible participants.	10-11
Outreach & Assistance	Assistance determining the services that will help each individual.	11-12
Rights & Legal Assistance	Programs that give access to legal advice & advocacy.	7-8
Technology Support	Programs that provide workshops/support for technology.	12
Transportation	Access to assisted or public transport and trips.	9

#### Adaptive & Mobility Equipment

Assistive technology and equipment, like hearing aids, and mobility equipment, such as walkers, lifts, scooters, and wheelchairs.

Partner	Description	Contact Info:
Disability	The temporary loan of assistive	p: 616-949-1100
Advocates	technology, adaptive	www.dakc.us
of Kent	equipment, or other aids for	
County	client's use.	
Deaf and	Assistance in obtaining <u>hearing</u>	p: 616-732-7358
Hard of	aids including an exam and	www.deafhhs.org
Hearing	fitting, and other adaptive	
	equipment to support hearing	
	loss	
Elders'	Provides clients with an	p: 616-454-8305
Helpers	electronic system that assures	www.eldershelpers.com
	communication and emergency	
	assistance.	
Renew	Gently used mobility equipment	p: 616-493-2620
Mobility	such as walkers, lifts, scooters,	www.renewmobility.org
	power <u>wheelchairs</u> and manual	
	wheelchairs for the personal	
	use of a client.	

#### **Money Management & Guidance**

Bill payment services, debt management assistance, finance issue resolution and emergency need funds.

Partner	Description	Contact Info:
Senior Neighbors	Limited emergency assistance for one-time events such as	p: 616-459-6019 www.seniorneighbors.org
Kent County Community Action	utility shut-offs, moving assistance and emergency prescription assistance.	p: 616-632-7950 www.accesskent.com
Senior Neighbors	Bill payment services, budgeting, debt management and finance issue resolution provided by accountants to low-income seniors.	616-459-6019 www.seniorneighbors.org

## In-Home Support

Resources that help with activities of daily life such as bathing, personal care, medication management and laundry.

Partner	Description	Contact Info:
Elders'	Medication management	p: 616-454-8305
Helpers	program to <u>ensure</u>	www.eldershelpers.com
	medications are	
	appropriate and	
	physician's orders are	
	followed.	
Area	Assessments to identify	p: 616-456-5664 or 888-456-5664
Agency on	needs and arrange for	www.aaawm.org
Aging of	supportive services like	
Western MI	light housekeeping,	
Reliance	personal care, meals, and	p: 616-956-9440 or 800-447-3007
Community	respite.	www.relianceccp.org
Care		
Partners		

#### **Caregiver Support**

Programs that positively benefit those in the role of a caregiver.

Partner	Description	Contact Info:
Senior	Trains and provides a	p: 616-459-6019
Neighbors	stipend for low-income	www.seniorneighbors.org
	seniors to care for other	
	<u>older adults</u> who are	
	homebound, frail or who	
	have mental and/or	
	physical disabilities.	
Area	Respite certificates	p: 616-456-5664 or 888-456-5664
Agency on	available for unpaid	www.aaawm.org
Aging of	caregivers. Certificates	
Western	can be used for in-home,	
Michigan	overnight, and adult day	
Alzheimer's	services.	p: 800-272-3900
Association		www.alz.org/gmc/

SarahCare Knapps' Corner Senior Neighbors		p: 616-364-8600 www.sarahcare.com/knappscorner p: 616-459-6019 www.seniorneighbors.org
Care Resources SarahCare Knapps' Corner	Adult Day Centers that care for functionally impaired adults during the day. This service provides socialization, exercise, and personal care.	p: 800-610-6299 www.careresources.org/day-center
SarahCare Knapps' Corner	<u>On-site shower or bath</u> focused on safety and dignity.	p: 616-364-8600 www.sarahcare.com/knappscorner
Alzheimer's Association	Program and <u>support</u> <u>groups for caregivers</u> to help learn about Alzheimer's and dementia.	p: 616-956-9440 www.alz.org/gmc/
Dementia Friends Program	Educational program to change the way people think, act, and talk about <u>dementia</u> .	p: 616-456-5664 www.aaawm.org/dfmi
Family Caregiver University	Programs and classes that provide assistance to caregivers in understanding and coping with issues associated with caregiving.	p: 616-456-5664 www.caregiverresource.net
Life Therapeutic Solutions	Range of <u>service for</u> <u>caregivers</u> including detecting depression and linking to community resources.	p: 616-215-0444 <u>www.life-ts.com</u>

#### **Dental & Vision Services**

General dental and vision services, we well as support and counseling for those undergoing vision loss.

Partner	Description	Contact Info:
Cherry	General dental services, root	p: 616-965-8316
Health	canal treatment, and complete	www.cherryhealth.org
(Dentures	<u>or partial dentures</u> for	
Only)	uninsured or underinsured	
Exalta	older adults. Sliding scale	p: 616-475-8446
Health	payment required.	www.exaltahealth.org
Association	Professional staff including	p: 616-458-1187 or
for the	optometrists and rehabilitation	800-466-8084
Blind and	teachers provide <u>eye exams</u>	www.abvimichigan.org
Visually	<u>and develop a treatment</u> plan	
Impaired	to help clients maximize the	
Cherry	use of their sight.	p: 616-776-2135
Health		www.cherryhealth.org

#### Housing

Fair housing services, housing coordination and foreclosure intervention.

Partner	Description	Contact Info:
Fair Housing Center of	Education, outreach, reasonable accommodation assessments, and <u>services</u>	p: 616-451-2980 www.fhcwm.org
West Michigan	related to Housing Laws and Ordinances.	
Senior Neighbors	Assistance for seniors in need of <u>housing interventions to</u> <u>prevents homelessness</u> such as help maintaining current housing or help finding new housing.	p: 616-459-6019 www.seniorneighbors.org
Home Repair Services	Full <u>assessment of mortgage or</u> <u>property tax delinquency</u> and exploration of the options to <u>prevent home loss.</u>	p: 616-241-2601 www.homerepairservices.org

## **Healthy Aging Programs**

Options for activities that assist in wellness including physical activity, therapy, counseling, senior center programs, and socialization.

Partner	Description	Contact Info:
Area Agency on	Engaging Wellness classes	p: 616-588-2580
Aging of	designed to be an effective	www.aaawm.org/ew
Western	tool in improving the health	
Michigan	of older adults. Programs	
GRCC Older	offered include: Silver	p: 616-234-3483
Learner Center	Sneakers, Strength and	www.grcc.edu/olc
Calvetian America	Stretch, A Matter of Balance,	
Salvation Army	EnhanceFitness, Arthritis	p: 616-454-1459
	Foundation Exercise, Aquatic	www.salvationarmyusa.org
Senior	Programs, Tai Chi, and more.	p: 616-459-6019
Neighbors		www.seniorneighbors.org
Reliance	Therapy services provided	p: 616-954-1555
Community	by licensed professionals	www.relianceccp.org
Care Partners	who help individuals	
	overcome obstacles such as	
	depression, anxiety, trauma,	
	grief, and loss. Services are	
	available in the home, in-	
	office, or virtually.	040 040 0050
Cherry Health –	Provides <u>older adults with a</u>	p: 616-242-6058
Sheldon House	diagnosed mental illness the	www.cherryhealth.org
life Theremoutie	opportunity for socialization.	
Life Therapeutic	In home assessment and	p: 616-215-0444
Solutions	education provided to treat	www.life-ts.com
	physical, social and cognitive	
	conditions of older adults, to	
	<u>help return them to a more</u> <u>active role in the community</u> .	

Salvation Army	Senior Centers offer	p: 616-454-1459
	programs specific to the	www.salvationarmyusa.org
Senior Neighbors	<u>needs of seniors.</u> Staff connect older adults to available services and encourage participation in nutrition and wellness programs.	Walker Firehouse Café p: 616-735-3240 Grandville Senior Neighbors p: 616-531-5250 Lowell Senior Neighbors p: 616-897-5949 Grand Rapids Senior Neighbors p: 616-459-3040 Sparta Senior Neighbors p: 616-887-1273
United		p: 616-451-3043
Methodist		ext. 419
Community		www.umchousegr.org
House		

**Rights & Legal Assistance** Access to attorneys and legal advice including options to learn more about rights in long-term care facilities and situations of elder abuse.

Partner	Description	Contact Info:
Legal Aid of	Attorneys provide <u>legal</u>	p: 616-774-0672
Western	advice, counseling, and	www.lawestmi.org
Michigan	representation to low-income older adults.	
Area Agency	Ombudsmen assist residents	p: 616-456-5664 or
on Aging of	and prospective <u>residents of</u>	888-456-5664
Western	long-term care facilities to	https://www.aaawm.org/
Michigan	<u>understand their rights</u> and	
	resolve complaints.	
Kent County	Elder abuse prevention	p: 616-456-5664
Elder Abuse	presentations are available to	www.protectkentseniors.org
Coalition	aging subcontract	
	organizations, professional	
	and community groups.	
Kent County	Professional guardians	p: 616-632-5438
Probate	provided by Kent County	www.accesskent.com/Courts
Court	Probate Court <u>to manage</u>	
	daily living service for	
	vulnerable adults.	

#### Home Maintenance & Repair

Assistance with home repairs, both minor and major, and help with identification of any barriers to living at home.

Partner	Description	Contact Info:
Grand Rapids Nehemiah	Assistance with <u>minor home</u> <u>repairs</u> including repairing	p: 616-224-7409 www.grnpflourish.org
Project	windows/doors, changing	www.gmpnounsn.org
Senior Neighbors	leaking faucets, installing smoke and carbon	p: 616-459-6019 www.seniorneighbors.org
Steepletown	monoxide detectors, minor	p: 616-451-4215
Neighborhood Services	<u>yard work, and snow</u> <u>removal.</u>	www.steepletown.org
Home Repair Services	Home repairs focused on health and safety such as roof repairs, furnace repairs and replacement, plumbing, ramp construction and bath modifications.	p: 616-241-2601 www.homerepairservices.org
Kent County Community Action	Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.	p: 616-632-7950 www.accesskent.com
Disability Advocates of Kent County	<u>Assessment of home</u> <u>environment</u> to identify barriers to independent living and <u>necessary</u> <u>modifications</u> .	p: 616-949-1100 <u>www.dakc.us</u>

### Transportation

Services that provide either assisted or public transport.

Partner	Description	Contact Info:
Senior	One-way ticket(s) for	p: 616-459-6019
Neighbors	the Rapid's fixed route	www.seniorneighbors.org
City of	<u>bus system</u> , GO! Bus	p: 616-530-3190
Wyoming	or the PASS program.	www.wyomingmi.gov

RideLink*	Provides rides to meal	p: 844-694-6589
	programs, senior	www.ridelinkmi.com
	centers, medical	
	appointments and	*rides performed by Kent County Community
	other destinations	Action, The Rapid, Hope Network, Senior Neighbors and United Methodist Community
	within Kent County.	House
	Transportation is	
	provided by a variety of	
	agencies.	

#### Health Insurance, Medicaid & Medicare

Programs that involve benefits for Medicaid and Medicare recipients, including an option for prescription medication assistance.

Partner	Description	Contact Info:
Reliance Community Care Partners Area Agency on Aging of Western	MI Choice Medicaid Waiver for individuals who meet age, financial, and medical criteria. The program <u>meets the needs of a</u> <u>person who could be eligible for a</u> <u>nursing home level of care</u> but allows individuals to live in their own home, the home of a loved one, or some licensed assisted	p: 616-956-9440 or 800-447-3007 www.relianceccp.org p: 616-456-5664 or 888-456-5664 www.aaawm.org
Michigan	living settings.	
Medicare/ Medicaid Assistance Program (MMAP)	Assistance for <u>Medicare or</u> <u>Medicaid beneficiaries who have</u> <u>questions</u> or concerns regarding coverage or enrolling in coverage. Help is provided in choosing prescription drug plans, determining eligibility, and enrolling in assistance programs.	p: 800-803-7174 www.mmapinc.org
Senior Neighbors	Information and <u>assistance for</u> <u>prescription coverage</u> . A thorough assessment will be conducted with all clients referred for services to determine needs. *also provides MMAP services	p: 616-459-6019 www.seniorneighbors.org

#### **Nutrition Services**

A variety of options are available for meals and groceries.

#### Congregate Meal Sites

Partner	Description	Contact Info:
KCCA *Latin American Inspired	Nutritious meals served in various locations around the county. <u>Lunch is coordinated</u>	p: 616-632-7969 www.accesskent.com
Meals on Wheels Western Michigan	with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.	p: 616-459-3111 www.mealsonwheelswesternmichigan.org
Salvation Army		p: 616-454-1459 www.salvationarmyusa.org

#### Food Pantries

Partner	Description	Contact Info:
Community Food Club	The Community Food Club of Greater Grand Rapids promotes food security and dignity for low-income households by way of a <u>small membership fee and</u> <u>choice of a variety of</u> <u>healthy items</u> in a grocery store experience.	p: 616-288-5550 www.communityfoodclubgr.org
Meals on Wheels Western Michigan	A <u>nutritious combination of</u> <u>foods</u> , providing several meals, self-selected from a <u>pantry shelf.</u>	p: 616-364-1104 www.mealsonwheelswesternmichigan.org

Home Delivered Meals \*must meet homebound eligibility

Partner	Description	Contact Info:
Kent	Latin-inspired meals	p: 616-632-7969
County	provided to homebound	www.accesskent.com
Community	individuals who cannot	
Action	prepare their own meals.	

Meals on Wheels Western Michigan	Menu of choice for people who would like to select their meals. Puree and minced meals also available.	p: 616-459-3111 www.mealsonwheelswesternmichigan.org
Revive and Thrive Project	<u>Short term meals</u> that focus on whole foods and vegetables for <u>eligible</u> <u>medical diagnoses</u> .	p: (616) 606-3314 www.reviveandthriveproject.org

#### **Outreach & Assistance**

A variety of educational programs that can be used to help determine the services that will best meet the need of the individual.

Partner	Description	Contact Info:
Kent County	Helps to identify the services	p: 616-632-7976
Community	that best meet an	www.accesskent.com
Action	<u>individual's needs</u> . This	
Hispanic	service includes assistance	p: (616) 742-0200
Center of	with housing, utilities, meals,	https://hispanic-center.org/
Western	prescriptions and applying	
Michigan	for Medicaid.	
Senior		p: 616-459-6019
Neighbors		www.seniorneighbors.org
United		p: 616-452-3226
Methodist		www.umchousegr.org
Community		
House		
Area Agency	An <u>in-home assessment</u> that	p: 616-456-5664 or
on Aging of	helps individuals and their	888-456-5664
Western	families connect with	www.aaawm.org
Michigan	personal & community	
	resources.	
Heart of West	General information is	p: 800-887-1107
Michigan	provided through Heart of	www.hwmuw.org/211
United Way	West Michigan United Way's	
(Dial 211)	Hotline assisting individuals	
	seeking community-based	
	resources.	

**Technology Support** Programs that provide workshops and individualized support for technology.

Partner	Description	Contact Info:
Senior Neighbors	Workshops, one-on-one support, and a device lending library that help provide access to affordable internet and devices, develop technical skills, and find confidence in utilizing technology.	p: 616-459-6019 www.seniorneighbors.org

Partner Name	Phone	Page(s)
Alzheimer's Association	p: 800-272-3900	4
Association for the Blind & Visually	p: 616-458-1187 or	5
Impaired	800-466-8084	
Care Resources	p: 800-610-6299	4
Cherry Health	p: 616-776-2135	5, 6
Community Food Club	p: 616-288-5550	10
Deaf and Hard of Hearing Services	p: 616-732-7358	2
Disability Advocates of Kent County	p: 616-949-1100	2, 8, 12
Elders' Helpers	p: 616-454-8305	2, 3
Exalta Health	p: 616-475-8446	5
Fair Housing Center of West Michigan	p: 616-451-2980	5
Grand Rapids Nehemiah Project	p: 616-224-7409	8
GRCC Older Learner Program	p: 616-234-3483	6
Heart of West MI United Way	p: 800-887-1107	12
Hispanic Center of West Michigan	p: (616) 742-0200	11
Home Repair Services	p: 616-241-2601	5, 8
Hope Network	p: 844-694-6589	9
Kent County Community Action	p: 616-632-7950	8, 9, 10, 11
Kent County Probate Court	p: 616-632-5438	8
Legal Aid of Western Michigan	p: 616-774-0672	7
Life Therapeutic Solutions	p: 616-215-0444	4, 6
Meals on Wheels of Western Michigan	p: 616-364-1104	10, 11
Reliance Community Care Partners	p: 616-956-9440 or 800-447-3007	3, 6, 9, 12
Renew Mobility	p: 616-493-2620	2
Revive & Thrive	p: (616) 606-3314	11
Salvation Army	p: 616-454-1459	6, 7, 10
SarahCare Knapp's Corner	p: 616-364-8600	3, 4
Senior Neighbors	p: 616-459-6019	2, 3, 7, 9, 12
Steepletown	p: 616-451-4215	8
The Rapid	p: 844-694-6589	9
United Methodist Community House	p: 616-451-3043 ext. 419	4, 7, 11
City of Wyoming	p: 616-530-3190	9

#### For more information, please contact:

Area Agency on Aging of Western Michigan 616-456-5664 or 888-456-5664 Fax: 616-456-5692

#### www.aaawm.org.

The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services.





Revised 9/20/24