



# move THAN A MILLAGE.



## 2023 Kent County Senior Services

Listed in this directory are a wide variety of services available to Kent County seniors to help them stay in their homes. The services are listed alphabetically with a service description and the organizations providing that service. Funding for most services comes from the Kent County Senior Millage (KCSM). For general information on senior services, contact **AAAWM** at **(616) 456-5664** or **(888) 456-5664**.

**ADAPTIVE EQUIPMENT** The temporary loan of assistive technology, adaptive equipment, or other aids for client's personal use.

*Disability Advocates of Kent County*  [www.dakc.us](http://www.dakc.us) **(616) 949-1100**

**ADULT DAY SERVICES** Care for functionally impaired adults for extended hours during the day by registered and licensed nursing staff, social workers and activity professionals. This service provides cognitive stimulation, socialization, exercise and personal care while enabling caregivers to have respite time.

*SarahCare Knapp's Corner*  [www.sarahcare.com/knappscorner](http://www.sarahcare.com/knappscorner) **(616) 364-6800**

*SarahCare Metro Village*  [www.sarahcare.com/metrohealth](http://www.sarahcare.com/metrohealth) **(616) 530-6700**

**BATHING SERVICES** Provision of on-site shower or bathing services to ensure safety and dignity.

*SarahCare Knapp's Corner*  [www.sarahcare.com/knappscorner](http://www.sarahcare.com/knappscorner) **(616) 364-6800**

*SarahCare Metro Village*  [www.sarahcare.com/metrohealth](http://www.sarahcare.com/metrohealth) **(616) 530-6700**

**CARE MANAGEMENT** Comprehensive assessments are provided for medically frail clients. Care management identifies client needs and arranges for supportive services that maintain quality of life and independence, as much as possible.

*Area Agency on Aging of Western Michigan*  [www.aaawm.org](http://www.aaawm.org) **(616) 456-5664**

*Reliance Community Care Partners* [www.reliancecccp.org](http://www.reliancecccp.org) **(616) 956-9440**

**CAREGIVER SUPPORT\*\*** Programs intended to provide assistance to caregivers in understanding and coping with a broad range of issues associated with caregiving.

*Alzheimer's Association (Classes/Support Groups)*  [www.alz.org/gmc](http://www.alz.org/gmc) **(616) 956-9440**

*Caregiver Resource Network*  [www.caregiverresource.net](http://www.caregiverresource.net) **(616) 456-5664**

*Dementia Friends Program*  [www.aaawm.org/dfmi](http://www.aaawm.org/dfmi) **(616) 456-5664**


*Family Caregiver University* [www.caregiverresource.net](http://www.caregiverresource.net) **(616) 456-5664**

\*\*Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs.


**CHOICES FOR INDEPENDENCE\*\*** An in-home social work assessment that helps individuals and their families identify and connect with both personal and community resources.

Area Agency on Aging of Western Michigan  [www.aaawm.org](http://www.aaawm.org) (616) 456-5664

**CLUBHOUSE** Provides older adults with a diagnosed mental illness the opportunity to engage in a full range of life-and health-enhancing services alongside other clubhouse members and staff

Cherry Health- Sheldon House  [www.cherryhealth.org](http://www.cherryhealth.org) (616) 242-6058

**COMMUNITY HEALTH WORKER DEMENTIA SUPPORT PROGRAM** Volunteers will be trained to provide culturally appropriate education programs and support groups to community members.

Alzheimer's Association  [www.alz.org/gmc](http://www.alz.org/gmc) (616) 965-8317

**COMMUNITY TRANSITION SERVICES (CTS)\*\*** The Nursing Facility Transition Program (NFT) is a funded program that provides those currently living in a nursing facility with an opportunity to return to independent or assisted living.

Area Agency on Aging of Western Michigan  [www.aaawm.org](http://www.aaawm.org) (616) 456-5664

Disability Advocates of Kent County  [www.dakc.us](http://www.dakc.us) (616) 949-1100


Reliance Community Care Partners [www.reliancecccp.org](http://www.reliancecccp.org) (616) 956-9440

**DAILY MONEY MANAGEMENT** Bill payment services, budgeting, debt management and finance issue resolution provided by accountants to low-income seniors.

CPA for Seniors of Rivertown Finance PLLC  [www.CPAforSeniors.com](http://www.CPAforSeniors.com) (616) 855-2858

**DENTAL SERVICES** General dental services, root canal treatment, and complete or partial dentures are provided to uninsured or underinsured older adults. Several dental visits may be necessary for denture preparation. Sliding scale payment required.

Cherry Health (Dentures Only)  [www.cherryhealth.org](http://www.cherryhealth.org) (616) 965-8317

Exalta Health  [www.exaltahealth.org](http://www.exaltahealth.org) (616) 475-8446

**ELDER ABUSE PREVENTION EDUCATION\*\*** Elder abuse prevention presentations are available to aging subcontract organizations, professional and community groups.

Kent County Elder Abuse Coalition [www.protectkentseniors.org](http://www.protectkentseniors.org) (616) 456-5664

**EMERGENCY NEED FUND** Limited emergency assistance for one-time events such as utility shut-offs, moving assistance and emergency prescription assistance.

Senior Neighbors  [www.seniorneighbors.org](http://www.seniorneighbors.org) (616) 459-6019

\*\*Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs.

**ENGAGING WELLNESS PROGRAMS** These classes are designed to be an effective tool in improving the health of older adults. Programs offered include: Silver Sneakers, Strength and Stretch, A Matter of Balance, EnhanceFitness, Arthritis Foundation Exercise and Aquatic Program, Tai Chi, and Healthy Eating for Successful Living.

- Area Agency on Aging of Western Michigan  [www.aaawm.org/ew](http://www.aaawm.org/ew) (616) 588-2580
- GRCC Older Learner Center  [www.grcc.edu/olc](http://www.grcc.edu/olc) (616) 234-3483
- Salvation Army  <https://centralusa.salvationarmy.org/fultonheights/love-the-elderly/> (616) 454-1459
- Senior Neighbors  [www.seniorneighbors.org](http://www.seniorneighbors.org) (616) 459-6019

**FAIR HOUSING SERVICES** Older adult education, outreach, counseling, reasonable accommodation and modification assessments, testing and enforcement services related to Housing Laws and Ordinances.

- Fair Housing Center of West Michigan  [www.fhcwm.org](http://www.fhcwm.org) (616) 451-2980


**FORECLOSURE INTERVENTION COUNSELING** Process includes a full assessment of the mortgage or property tax delinquency and exploration of the options available to the homeowner to prevent the loss of their home.

- Home Repair Services  [www.homerepairservices.org](http://www.homerepairservices.org) (616) 241-2601

**GENTLY-USED MOBILITY EQUIPMENT** Placement of gently used mobility equipment such as a walker, bath equipment, hoist lifts, scooters, power wheelchairs and manual wheelchairs for the personal use of a client.

- Renew Mobility  [www.renewmobility.org](http://www.renewmobility.org) (616) 493-2620

**GRANDPARENT SUPPORT GROUP\*\*** Support services in kinship care situations where an individual aged 55+ is the primary caregiver for a child no more than 18 years old. Kinship support services include respite care, education, support and training provided at locations other than the client's residence.

- United Methodist Community House  [www.umchousegr.org](http://www.umchousegr.org) (616) 452-3226

**GUARDIANSHIP** Professional guardians appointed by Kent County Probate Court manage daily living services for vulnerable adults who don't have family members or friends to assist them.

- Kent County Probate Court <https://www.accesskent.com/Courts/Probate/guardian.htm> (616) 632-5438

**HEARING SERVICES, ADAPTIVE EQUIPMENT AND HEARING AIDS** Specialized Hearing Services Hearing Services are available for those who are hard of hearing, experiencing deafness in later years, and deaf persons. This service includes individual and home assessments to identify appropriate adaptive equipment and hearing aids to improve activities of daily living.

- Deaf and Hard of Hearing Services  [www.deafhhs.org](http://www.deafhhs.org) (616) 732-7358

\*\*Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs.

**HOME CHORE** Assistance for seniors who do not have the ability or resources to complete minor home repairs and other jobs: includes repairing windows, repairing doors, changing leaking faucets, installing smoke and CO detectors, minor yard work (including mowing and fall clean-up), replacing fuses and door locks, and snow removal.

- Grand Rapids Nehemiah Project  [www.grnpflourish.org](http://www.grnpflourish.org) (616) 965-6730
- Senior Neighbors  [www.seniorneighbors.org](http://www.seniorneighbors.org) (616) 459-6019
- Steepletown Neighborhood Services  [www.steepletown.org](http://www.steepletown.org) (616) 451-4215

**HOME MODIFICATION ASSESSMENT** Occupational Therapist assessment provided in the home environment to help identify barriers to independent living. Recommendations will be developed for home modifications, including ramp construction in collaboration with Home Repair Services.

- Disability Advocates of Kent County  [www.dakc.us](http://www.dakc.us) (616) 949-1100

**HOME REPAIR** Home repairs that focus on health and safety of seniors are provided. Repairs can include roof repairs, furnace repairs and replacement, plumbing, ramp construction for wheelchair access and bath modifications. The Home Repair Consultation program makes critical repairs available to individuals who are not eligible for either the major or minor repair programs

- Home Repair Services  [www.homerepairservices.org](http://www.homerepairservices.org) (616) 241-2601

**HOME SUPPORT** Service provides routine household tasks such as laundry, shopping and cleaning for older individuals with functional limitations.

- Area Agency on Aging of Western Michigan  [www.aaawm.org](http://www.aaawm.org) (616) 456-5664
- Reliance Community Care Partners [www.reliancecccp.org](http://www.reliancecccp.org) (616) 956-9440

**HOUSING COORDINATION** Assistance for seniors who are in need of housing interventions that prevents them from becoming homeless. Service includes helping find ways of maintaining current housing or helping to find new more appropriate housing options

- Senior Neighbors  [www.seniorneighbors.org](http://www.seniorneighbors.org) (616) 459-6019

**INFORMATION AND ASSISTANCE** General information and referral is provided through Heart of West Michigan United Way’s 211 Hotline, assisting individuals seeking a variety of community-based resources.

- Heart of West Michigan United Way  [www.hwmuw.org/211](http://www.hwmuw.org/211) 800-887-1107

*\*\*Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs.*

**INTEGRATED COUNSELING AND WELLNESS** Therapy/Counseling services provided by licensed professionals who help individuals overcome obstacles such as depression, anxiety, trauma, grief, and loss. These services can be offered in person, or virtually, and either in an office setting, (or for those who cannot leave their home) in the person's home....wherever they call "home". There is no charge for this service but third-party payers, such as insurance, will be billed if available.

Reliance Community Care Partners



[www.reliancecccp.org](http://www.reliancecccp.org)

(616) 954-1555

**LEGAL ASSISTANCE** Attorneys provide legal advice, counseling, and representation to low-income older adults.

Legal Aid of Western Michigan



[www.lawestmi.org](http://www.lawestmi.org)

(616) 774-0672

**LONG TERM CARE OMBUDSMAN** Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of Western Michigan



[www.mltpcop.org](http://www.mltpcop.org)

(616) 245-9451

(866) 485-9393

**MEDICATION MANAGEMENT** Managing medications can be difficult, confusing, and extremely important to a health. The medication management program is available to ensure medications are appropriate and physician's orders are followed.

Elders' Helpers



[www.eldershelpers.com](http://www.eldershelpers.com)

(616) 454-8305

**MI CHOICE MEDICAID WAIVER\*\*** MI Choice Medicaid Waiver is a long-term care program available to individuals who meet age, financial, and medical criteria. The program meets the needs of a person who could be eligible for nursing home care. Services through the Waiver program can include: personal care, homemaking, home delivered meals, medication management, and more. Waiver services are provided to those living in their own home, the home of a loved one, or some licensed assisted living settings.

Area Agency on Aging of Western Michigan



[www.aaawm.org](http://www.aaawm.org)

(616) 456-5664

Reliance Community Care Partners

[www.reliancecccp.org](http://www.reliancecccp.org)

(616) 956-9440

**MICHIGAN MEDICARE/MEDICAID ASSISTANCE PROGRAM (MMAP)\*\*** Assistance is provided for Medicare/Medicaid beneficiaries (or potential beneficiaries) who have questions or concerns regarding coverage or enrolling in coverage. Help is also provided in choosing prescription drug plans, determining eligibility, enrolling in assistance programs for those with low income, reporting fraud, and understanding long-term care options.

MMAP



[www.mmappinc.org](http://www.mmappinc.org)

(800) 803-7174

Senior Neighbors



[www.seniornighbors.org](http://www.seniornighbors.org)

(616) 459-6019

\*\*Services or organizations designated with two asterisks (\*\*) are funded through state and federal dollars dedicated to older adult programs.

## NUTRITION SERVICES

**COMMUNITY FOOD CLUB** The Community Food Club of Greater Grand Rapids promotes food security and dignity for low-income households by way of a small membership fee and choice of a variety of healthy items in a grocery store experience.

Community Food Club  [www.communityfoodclubgr.org](http://www.communityfoodclubgr.org) (616) 288-5550

**CONGREGATE MEALS** Nutritious meals served in various locations around the county. Lunch is coordinated with a variety of activities such as exercise programs, crafts, games, health screenings and nutrition education.

Kent County Community Action  [www.accesskent.com/Departments/CommunityAction](http://www.accesskent.com/Departments/CommunityAction) (616) 632-7969

Latin-American style meals, activities, and celebrations, with materials in Spanish and bilingual staff.

Salvation Army  <https://centralusa.salvationarmy.org/fultonheights/love-the-elderly/> (616) 454-1459

Meals on Wheels of Western Michigan  [www.mealsonwheelswesternmichigan.org/](http://www.mealsonwheelswesternmichigan.org/) (616) 459-3111

**FOOD PANTRY** A nutritious combination of foods, providing several meals, self-selected from a pantry shelf. Nutrition education is also provided.

Meals on Wheels of Western Michigan  [www.mealsonwheelswesternmichigan.org/](http://www.mealsonwheelswesternmichigan.org/) (616) 459-3111

**HOME DELIVERED MEALS** Nutritious meals provided to homebound individuals who cannot prepare their own meals. A variety of options are available through different partners depending on the need.

Kent County Community Action  [www.accesskent.com/Departments/CommunityAction](http://www.accesskent.com/Departments/CommunityAction) (616) 632-7969  
Latin American inspired meal

Meals on Wheels of Western Michigan  [www.mealsonwheelswesternmichigan.org/](http://www.mealsonwheelswesternmichigan.org/) (616) 459-3111

Nutritionally balanced meals delivered 1-3 times a week. Menu of Choice for people who would like to select their meals. Puree and minced meals also available.

Revive & Thrive Project  [www.reviveandthriveproject.org](http://www.reviveandthriveproject.org) (616) 606-3314

Short term meals that focus on whole foods and vegetables for eligible medical diagnosis.

**OUTREACH & ASSISTANCE** Helps to identify the services that best meet needs. This service includes assistance with housing, utilities, meals, prescriptions and applying for Medicaid.

Kent County Community Action  [www.accesskent.com/Departments/CommunityAction](http://www.accesskent.com/Departments/CommunityAction) (616) 632-7969

Senior Neighbors  [www.seniorneighbors.org](http://www.seniorneighbors.org) (616) 459-6019

Servicios Latino-Americanos [www.accesskent.com/Departments/CommunityAction](http://www.accesskent.com/Departments/CommunityAction) (616) 336-4296

United Methodist Community House  [www.umchousegr.org](http://www.umchousegr.org) (616) 452-3226

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**PERSONAL CARE** Provides assistance with activities of daily living; primarily personal grooming care and bathing assistance.

Area Agency on Aging of Western Michigan   
Reliance Community Care Partners

[www.aaawm.org](http://www.aaawm.org)

(616) 456-5664

[www.reliancecccp.org](http://www.reliancecccp.org)

(616) 956-9440

**PERSONAL EMERGENCY RESPONSE SYSTEM** Provides clients with an electronic system that assures communication and, when necessary, emergency assistance.

Elders' Helpers 

[www.eldershelpers.com](http://www.eldershelpers.com)

(616) 454-8305


**PRESCRIPTION ASSISTANCE PROGRAM** Information and assistance for prescription coverage. A thorough assessment will be conducted with all clients referred for services in order to determine the prescription program that can best meet their needs, including government-sponsored programs such as Medicare, Medicaid or Veteran's Benefits.

Senior Neighbors 

[www.seniorneighbors.org](http://www.seniorneighbors.org)

(616) 459-60192

**LONG TERM CARE OMBUDSMAN** Ombudsmen assist residents and prospective residents of long-term care facilities to understand their rights and resolve complaints to improve care.

Area Agency on Aging of Western Michigan 

[www.mltop.org](http://www.mltop.org)

(616) 245-9451

(866) 485-9393


**RECREATION THERAPY PROGRAM- STEPPING STONES** In home assessment, therapy and education provided to treat physical, social, cognitive, and emotional conditions of older adults, in order to assist them in returning to a more active role in the community. Use of leisure education and activities to cope with the stress of illness, disability, and/or social isolation.

Life Therapeutic Solution 

[www.life-ts.com](http://www.life-ts.com)

(616) 215-0444

**RESPIRE** Provides companionship or assistance with activities of daily living for mentally or physically disabled and frail elderly persons in the absence of the primary caregiver. Respite services are also provided at Kent County Senior Millage funded Adult Day Service providers.

Area Agency on Aging of Western Michigan 

[www.aaawm.org](http://www.aaawm.org)

(616) 456-5664

Reliance Community Care Partners

[www.reliancecccp.org](http://www.reliancecccp.org)

(616) 956-9440

**RESPIRE CERTIFICATES\*\*** A limited number of respite certificates are available for caregivers age 60 and older or who provide unpaid care to someone age 60 or older. Certificates are used as payment at participating agencies for respite (in-home, overnight, or adult day services) and are distributed based on need and funding availability. Cost sharing (co-payment) may be required and certificates must be redeemed within 21 days of issue.

SarahCare Knapp's Corner 

[www.sarahcare.com/knappscorner](http://www.sarahcare.com/knappscorner)

(616) 364-6800

SarahCare Metro Village 

[www.sarahcare.com/metrohealth](http://www.sarahcare.com/metrohealth)

(616) 530-6700

Senior Neighbors 

[www.seniorneighbors.org](http://www.seniorneighbors.org)

(616) 459-6019

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**SENIOR CENTER ACTIVITIES** Senior Centers offer a variety of programs specific to the needs of seniors. Staff connect older adults to available services, and encourage participation in nutrition and wellness programs.

Salvation Army 	<a href="https://centralusa.salvationarmy.org/fultonheights/love-the-elderly/">https://centralusa.salvationarmy.org/fultonheights/love-the-elderly/</a>	(616) 454-1459
Senior Neighbors 	<a href="http://www.seniorneighbors.org">www.seniorneighbors.org</a>	(616) 459-6019
Walker Firehouse Café		(616) 735-3240
Grandville Senior Neighbors		(616) 531-5250
Lowell Senior Neighbors		(616) 897-5949
Grand Rapids Senior Neighbors		(616) 459-3040
Sparta Senior Neighbors		(616) 887-1273
St. Alphonsus Catholic Church 	<a href="http://www.stalphonsusgr.org/senior-program">www.stalphonsusgr.org/senior-program</a>	(616) 913-4419
United Methodist Community House 	<a href="http://www.umchousegr.org">www.umchousegr.org</a>	(616) 452-3226
City of Wyoming 	<a href="http://www.wyomingmi.gov">www.wyomingmi.gov</a>	(616) 530-3190

**SENIOR COMPANION PROGRAM** Trains and provides a stipend for low-income seniors to care for other older adults who are homebound, frail or who have mental and/or physical disabilities.

Senior Neighbors 	<a href="http://www.seniorneighbors.org">www.seniorneighbors.org</a>	(616) 459-6019
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**SUPPORT GROUP** Support groups will assist individuals and their family members/significant others in understanding and coping with a broad range of issues related to vision impairments or blindness with the emphasis on learning, sharing information, and providing support. Groups meet monthly.

Association for Blind and Visually Impaired 	<a href="http://www.abvimichigan.org">www.abvimichigan.org</a>	(616) 458-1187
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**TECHNOLOGY SUPPORT** Workshops, one-on-one support, and a device lending library to help seniors feel confident and comfortable using the internet on a laptop, smartphone, or tablet. This program helps seniors get connected to the programs and tools that matter most to them and creates connections to community resources to help them find success using technology.

Senior Neighbors 	<a href="http://www.seniorneighbors.org/tech">www.seniorneighbors.org/tech</a>	(616) 459-6019
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**TRANSPORTATION - ASSISTED** Provides rides to meal programs, senior centers, medical appointments and other destinations within Kent County. Transportation is provided by a variety of agencies. Access rides by calling **RideLink at 844-694-6589**.

Kent County Community Action 	<a href="http://www.accesskent.com/Departments/CommunityAction">www.accesskent.com/Departments/CommunityAction</a>	(616) 632-7965
Hope Network Transportation 	<a href="http://www.hopenetwork.org">www.hopenetwork.org</a>	(616) 243-0876
The Rapid 	<a href="http://www.ridetherapid.org">www.ridetherapid.org</a>	(616) 774-1288
RideLink	<a href="http://www.ridelinkmi.com">www.ridelinkmi.com</a>	(844) 694-6589
Servicios Latino-Americanos 	<a href="http://www.accesskent.com/Departments/CommunityAction">www.accesskent.com/Departments/CommunityAction</a>	(616) 632-7949
Senior Neighbors 	<a href="http://www.seniorneighbors.org">www.seniorneighbors.org</a>	(616) 459-6019
United Methodist Community House 	<a href="http://www.umchousegr.org">www.umchousegr.org</a>	(616) 452-3226

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**TRANSPORTATION - PUBLIC\*\*** One-way ticket(s) for the Rapid's fixed route bus system, GO! Bus or the PASS program.

Senior Neighbors   
City of Wyoming 

[www.seniorneighbors.org](http://www.seniorneighbors.org)  
[www.wyomingmi.gov](http://www.wyomingmi.gov)

**(616) 459-6019**  
**(616) 530-3190**


**VISION SERVICES- CLINIC** The clinic's team of professional staff including optometrists, rehabilitation teachers, and low vision specialists provide comprehensive eye exams and develop a personalized treatment plan designed to help clients maximize the use of their remaining sight.

Association for the Blind and Visually Impaired   
Cherry Health 

[www.abvimichigan.org](http://www.abvimichigan.org)  
[www.cherryhealth.org](http://www.cherryhealth.org)

**(616) 458-1187**  
**(616) 776-2135**

**VISION COUNSELING** Professional counseling services are available for older adults with vision loss experiencing personal, social, or emotional (depression, anxiety, etc.) problems. Services are intended to be short term, focusing on adjustment to life events.

Association for the Blind and Visually Impaired 

[www.abvimichigan.org](http://www.abvimichigan.org)

**(616) 458-1187**

**WEATHERIZATION** Provides homeowners with assistance to improve energy efficiency that includes insulation and furnace repair or replacement.

Kent County Community Action   
Servicios Latino-Americanos

[www.accesskent.com/Departments/CommunityAction](http://www.accesskent.com/Departments/CommunityAction)

**(616) 632-7965**  
**(616) 632-7949**

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THAN A MILLAGE.

**For more information please contact:**

*Area Agency on Aging of Western Michigan*  
616-456-5664 or 888-456-5664  
Fax: 616-456-5692

[www.aaawm.org](http://www.aaawm.org)  
[www.Facebook.com/AreaAgencyOnAging](https://www.Facebook.com/AreaAgencyOnAging)

*The Area Agency on Aging of Western Michigan provides services to older adults with funding from the Michigan Adult and Aging Services Agency, Kent County Senior Millage, and the Michigan Department of Health and Human Services.*

